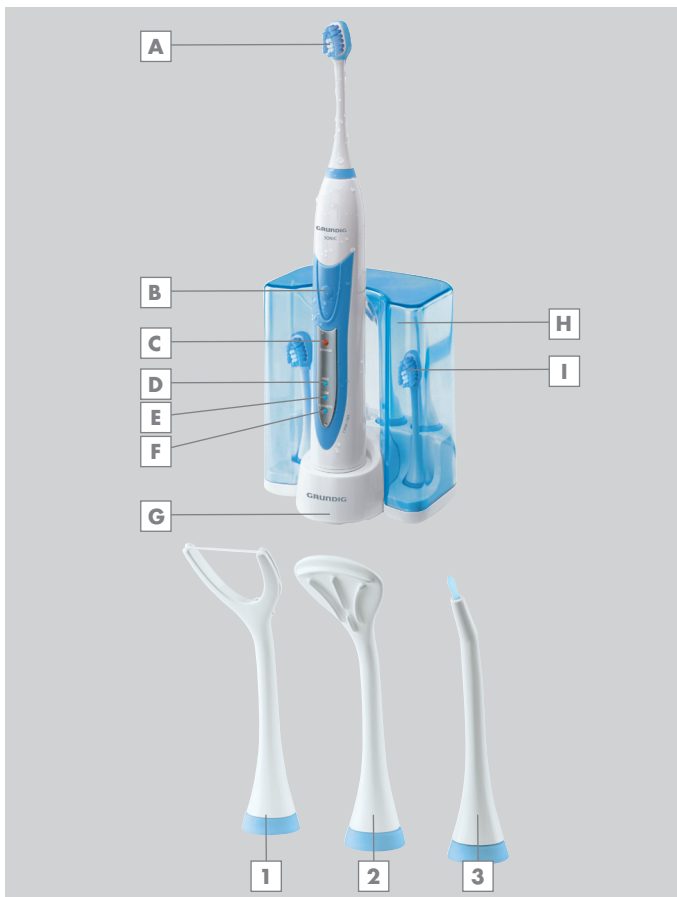


SONIC TOOTHBRUSH CLEAN WHITE PLUS POWER EDITION TB 8030



FOR A GOOD REASON

GRUNDIG



DEUTSCH	05-18
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ENGLISH	19-30
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TÜRKÇE	31-42
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ESPAÑOL	43-55
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FRANÇAIS	56-67
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HRVATSKI	68-79
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POLSKI	80-90
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SAFETY

Please note the following instructions when using the appliance:

- This appliance is intended for domestic use only.
- This appliance is designed solely for cleaning and caring for human teeth. All other uses are expressly prohibited.
- Do not use if the appliance, attachments or the power cord on the charging unit is visibly damaged.
- If the power cord from the charging unit is damaged, it is not possible to repair it. Please dispose the set according to environmental rules.
- When the appliance is being charged, on no account should it or the charging unit come into contact with water or any other liquid.
- Keep the appliance out of direct sunlight, excessive heat and open flames.
- Do not drop the appliance.
- Keep the appliance out of the reach of children.
- This appliance can be used by children aged from 8 years and above and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved. Children shall not play with the appliance. Cleaning and user maintenance shall not be made by children without supervision.
- Do not open the appliance under any circumstances. No warranty claims are accepted for damage caused by improper handling.

OVERVIEW

Dear Customer,

Congratulations on the purchase of your new GRUNDIG Sonic Toothbrush Clean White Plus TB 8030 Power Edition.

Please read the following user notes carefully to ensure full enjoyment of your quality Grundig product for many years to come.

A responsible approach!



GRUNDIG focusses on contractually agreed social working conditions with fair wages for both internal employees and suppliers. We also attach great importance to the efficient use of raw materials with continuous waste reduction of several tonnes of plastic every year. Furthermore, all our accessories are available for at least 5 years. For a future worth living. For a good reason. Grundig.

Controls and parts

See the figure on page 3.

- A** Brush head attachment for brushing teeth.
- B** On/Off and mode switch
- C** Charge LED: lights up red when charging and green when it is fully charged.
- D** HIGH mode LED
- E** LOW mode LED
- F** MASSAGE mode LED
- G** Charging unit
- H** Detachable storage container for brushing and cleaning attachments
- I** Two brush heads with medium bristles and one brush head with soft bristles

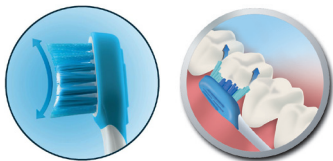
Accessories

- 1** Attachment for floss
- 2** Attachment for tongue cleaning
- 3** Interdental brush for cleaning between the teeth

OVERVIEW

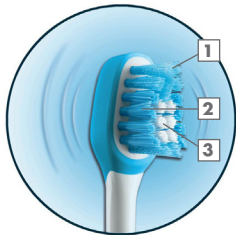
Features of the bristles

The bristles have a concave shape which adapt to the tooth perfectly and are ideal for cleaning between the teeth.



Medium brush head

Intensive cleaning with special whitening bristles.



■ Whitening bristles 3

Remove discolouration within 60 days and the teeth become whiter.

■ Spiral magic bristles 1

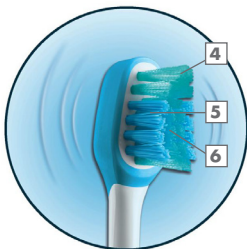
Increase cleaning performance by more than 20% compared to normal, round bristles. The extended bristle tips reach the back teeth perfectly as well as between the teeth.

■ Wear indicator bristles 2

The bristles change colour and become a lighter shade of blue to show that it is time to replace the brush head.

Soft brush head

Intensive and especially gentle cleaning effect.



■ High-performance rubber soft bristles 6

Special bristle shape for intensive cleaning action and especially gentle on sensitive teeth. 37% improved cleaning effect compared to normal round bristles.

■ **Spiral magic bristles** 4

Increase cleaning performance by more than 20% compared to normal, round bristles. The extended bristle tips reach the back teeth perfectly and also clean between the teeth.

■ **Wear indicator bristles** 5

The bristles change colour and become a lighter shade of blue to show that it is time to replace the brush head.

Using in the bathroom

Your toothbrush has a waterproof handle, is electrically safe and can be used in the bathroom without hesitation.

Oral hygiene

Careful oral hygiene is essential for maintaining healthy, beautiful teeth.

Daily intensive oral hygiene can prevent tooth decay, gum disease, inflammation of the gums and bad breath.

Cleaning

The sonic electric toothbrush removes plaque more precisely and effectively than conventional manual toothbrushes due to the high speed of the brushing movements on the surface of the teeth.

Extremely fast sonic vibrations with 37,000 strokes / minute allow a perfect cleaning result.

Discolouration of the teeth from coffee, tea or tobacco can be removed in a natural way. Teeth, tongue and gums can be cleaned and cared for carefully.

Intensity

You can set the intensity of the cleaning at 3 modes (HIGH, LOW, MASSAGE).

The extensive accessories provide you with excellent conditions for personal oral hygiene.

Brushing time

The recommended time for brushing is 2 minutes. The timer then stops the function automatically.

OVERVIEW

Accessories

1 Floss

The floss attachment can be equipped regularly with standard floss.

It is best to use this attachment after brushing your teeth.

Set the appliance to the low mode, so you have more control over the cleaning.

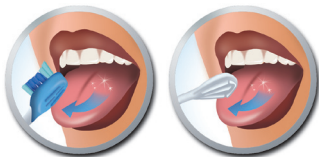


2 Tongue cleaner

The tongue cleaner freshens your breath as it removes the bacteria from the tongue which create bad breath. You can use it every day before or after brushing your teeth and also with mouthwash.

Set the appliance to the low mode, so you have more control over the cleaning.

The back is also equipped with a rubberised tongue cleaner so the tongue can be cleaned with two different attachments.



OVERVIEW

3 Interdental brush

The interdental brush cleans effectively between the teeth and helps to improve oral hygiene. This should be done before you clean your teeth.

Set the appliance to the low mode, so you have more control over the cleaning.



4 Detachable storage container

If you only want to use the charging base without the storage container, you can remove the container by unscrewing the 2 screws at the bottom, before the rubber dots have to be removed.



POWER SUPPLY

Charging

Check that the mains voltage on the type plate of the charging unit (on the bottom) corresponds to your local mains supply.

- 1 Place the toothbrush on the charging unit **G**.
- 2 Plug the charging unit into the wall socket.
 - The charge LED **C** on the appliance lights up red and the mode LEDs **D**, **E**, **F** light up blue respectively until the appliance is fully charged.
 - Once the appliance is fully charged, the charge LED **C** lights up green and mode LEDs disappear.

Notes

- Charge the batteries fully before you use the appliance for the first time. It takes approximately 24 hours (12 hours charging time afterwards) to charge them initially. When the appliance is fully charged, the charge LED **C** lights up green.
- When the batteries are fully charged, they provide approximately 45 minutes of operation. The charging process ends automatically once the batteries are fully charged. We recommend keeping the appliance in the charging unit so that it is available fully charged at all times.
- The ambient temperature should be between 5 °C and 40 °C.

OPERATION

- 1** Press On/Off and mode switch **[B]** to switch on the appliance.
 - HIGH mode LED **[D]** lights up blue and the appliance starts in HIGH mode.
- 2** Press On/Off and mode switch **[B]** consecutively to select a mode.
 - LOW mode LED **[E]** lights up blue after pressing **[B]** once in HIGH mode.
 - MASSAGE mode LED **[F]** lights up blue after pressing **[B]** twice in HIGH mode.
- 3** Press On/Off and mode switch **[B]** to switch off the appliance, regardless of the mode selected.
 - The appliance switches off after MASSAGE mode LED **[F]** disappears.

The 2 minute timer

Regardless of the mode selected, after 2 minutes the appliance switches off automatically. Every 30 seconds the appliance gives a vibration signal for your timing.

Changing the attachments

- 1** Remove the current attachment from the holder by turning it in the reverse direction of the arrows on the attachment and the holder.
- 2** Take the other attachment out of the storage container for brushing and cleaning attachments **[H]**.
- 3** Place the attachment on the holder. Make sure that the notches of the holder match the attachment. Turn the attachment in the same direction of the arrows until it fits well into place.

Note

- Replace the brush head when the bristles become bent and distorted and the wear indicator becomes brighter at the side. We recommend you to do this every 4 months.

General information

- 1 Brush your teeth:
 - in the morning after breakfast
 - after mealtimes and after snacking
 - in the evening before bed for at least 2 minutes.
- 2 Rinse the brush under running water for a few seconds until it is thoroughly moist.

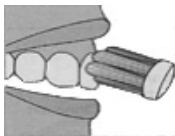


Note

- Rinse your mouth out with water before brushing your teeth.
- 3 Put your regular toothpaste on the brush. Do not use special whitening toothpaste, because the abrasive particles in combination with the high vibration could damage the enamel on the teeth.

Brushing your teeth – step by step

- 1 Before switching on, position the bristles (medium or soft) of the brush head at an angle of 45° onto the gum line so that the longer bristles reach between the teeth.
- 2 Tilt the handle slightly so that the bristles are resting at an angle on the gum line.



Note

- Cleaning the area between the teeth and gums is extremely important.
- 3 Hold the handle loosely in your fingers and switch the appliance on with On/Off and mode switch **B**.
 - 4 Gently move the vibrating brush head in small circles to allow the longer bristles to get to the gaps between the teeth. After a few seconds, move to the next section and repeat the circular movements again for a few seconds.

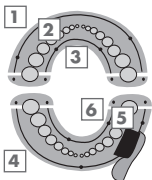
DENTAL CARE

- 5 Continue in the same way for all the teeth within the 2 minutes to thoroughly remove plaque.

Notes

- The toothbrush works best if you apply slight pressure when brushing and continue with the circular movements at the same time.
 - The tilted brush head and the narrow neck make it easier to reach the molars at the back and the surface of the teeth inside the mouth. Hold the toothbrush so that you have as much brush contact to the teeth as possible.
- 6 To ensure that all your teeth are cleaned evenly, the mouth can be divided into six sections:

- 1 Exterior upper jaw
- 2 Chewing surface upper jaw
- 3 Interior upper jaw
- 4 Exterior lower jaw
- 5 Chewing surface lower jaw
- 6 Interior lower jaw



- 7 Clean the tongue with the toothbrush switched on or off and using the tongue cleaner provided separately or the back of the brush head.

Apply slight pressure on the brush and scrape it forwards from the back – then rinse out.

Note

- In some cases you might experience a tickling or tingling sensation when using an electric sonic toothbrush for the first time. This sensation gradually subsides once you have got used to the sonic toothbrush.
- 8 Rinse your mouth out with water after brushing.
- 9 Rinse the bristles under running water after brushing to remove any remaining toothpaste. Dry the bristles. Leave the toothbrush to dry for a few seconds.

Notes

- We also recommend using a mouth wash.
- Consult your dentist if you feel any sensitivity while using the appliance for the first time.


Storage

If you do not plan to use the appliance for a long period of time, please store it carefully.

Make sure that it is unplugged and is completely dry.

Store the appliance in a cool, dry place.

Make sure the appliance is kept out of the reach of children.

Make sure the accessories are placed in the storage container  so that the container fits properly in position.

Environmental note

This product has been manufactured with high-quality parts and materials which can be reused and are suitable for recycling.

This device is sealed and offers a short time protection against water for the inner electrical parts and the battery.



Therefore the battery cannot be removed, this is done at the end of life of the device by our recycling partner.

Do not dispose the product with normal domestic waste at the end of its service life. Take it to a collection point for the recycling of electrical and electronic equipment. This is indicated by this symbol on the product, in the operating manual and on the packaging.

Please consult your local authorities to find out where the nearest collection point is.

Help protect the environment by recycling used products.

Technical data



This product conforms to the European directives 2004/108/EC, 2006/95/EC and 2009/125/EC.

Power supply

Charging unit: 100 - 240 V~, 50/60 Hz, 2 W

Appliance: Nickel metal hydride battery 2.4 V



Ni-MH

IPX7

Design and specifications subject to change without notice.

Spare parts

Replacement brush heads TBB 80 medium brushes (4 pcs), TBB 81 soft brushes (4 pcs) and TBS 80 special attachments (3 pcs) are available for your toothbrush at:

- the customer hot line
- in the Internet at [www.grundig.de /sonic](http://www.grundig.de/sonic)
- or the local dealer

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